

New Jersey Dental School

Selective-Elective Program

COURSE#: REST9913
 SELECTIVE
 ELECTIVE
TRIMESTER: SPRING

DEPARTMENT: Restorative Dentistry
COURSE TITLE: Bleaching Modalities for Vital Teeth

MAIN PURPOSE OF THIS COURSE:

To introduce and educate the student on the various modalities of vital tooth bleaching.

COURSE CONTENT:

- A. In office bleaching with or without light activation
- B. At home dentist prescribed bleaching
- C. Over the counter bleaching kits (boil & bite trays)
- D. Tooth whitening toothpastes
- E. Over the counter products (crest white strips, etc.)
- F. Hands on (clinical fabrication of trays)
- G. Company presentations (Dentsply/Ultradent/DenMat)

OBJECTIVES OF COURSE:

The primary objective of the course is for the student to become competent and knowledgeable in the various modalities of vital tooth bleaching so that an appropriate modality can be selected according to individual patient needs.

EVALUATION OF STUDENTS:

Questionnaire/quiz or exam at the end of the course.

PROGRAM DESCRIPTION

Number of students:	40
Day/Time:	Tues. 8-10:00 AM (6 wks)
Number of weeks of Program	6
Number of hours of Program	12
Didactic	6
TOTAL:	12

COURSE DIRECTOR(s): Dr. Robert Nack

LECTURE/SEMINAR SCHEDULE SUMMARY

Session Date	Topic	Lecturer/Seminar Leader(s)
	An Overview of Vital Tooth Bleaching Whitening Toothpastes Over the counter products (white strips) Whitening Toothpastes	Dr. Nack
	At home dentist supervised bleaching In office bleaching (with light or laser) In office bleaching (without light activation)	Dr. Nack
	Company Presentation/Clinical Demo	Dr. Nack
	Company Presentation/Clinical Demo	Dr. Nack
	Company Presentation/Clinical Demo	Dr. Nack
	Clinical Application/Fabrication Clinical Follow-up	Dr. Nack